From a pilot project to a structural implementation of NST in Belgian Hospitals

A collaboration between VVKVM – SBNC and the Federal Belgian Ministry of Health and Social Affairs (MoH)

Background of initiative : the prevalence of malnutrition is high in hospitalized patients. Early and systematic screening of malnutrition is mandatory for providing optimal nutritional support at admission and at discharge from hospital.

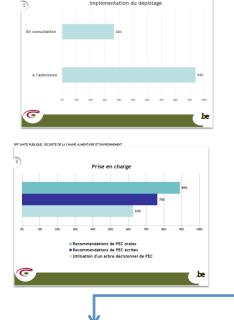
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Funding 20,000 €/y/Hospital

MoH

Funding for dieteticians dedicated for oncologic patients

Qualitative report of NST activities 2014 (MoH Source)



2008

A Pilot Project of launching NST in 20 Belgian Hospitals

Activities:

- Creation of multidisciplinary NST
- Definition of a local working plan
- Annual Audit to be completed and reported to MoH

% of screened patients

- % of nutritional interventions
- % of nutritional plan at discharge

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Group of experts Belgian MoH

Recommendations for nutritional screening tools:

- Hospitals: NRS-2002
- Home Care: MNA (SF)
- Assessment : SGA health.belgium.be/internet2Prd/ groups/public/.../15174542.pdf

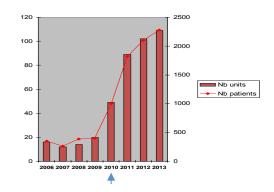
2014

Structural implementation in 124
Hospitals
MAJOR GOAL
Systematic nutritional screening

2016Results and Outcomes

MoH

Encourage participation to Nutrition Day (*)



National Symposium On Nutritional Aspects Of Hospital Accreditation 27/02/2016 The European Nutrition for Health Alliance ENHA – ONCA . What is it?
Frank de Man, Secretary General of the ENHA.
Situation in Belgium presentated in Berlin.
Prof. A. Van Gossum SNNC/ SPE-FOD Président Commission Experts

Prof A. Van Gossum SBNC/ SPF-FOD Président Commission Experts Denutrition **Situation in other countries (examples)**.

A. Anzévui, Resp. Quality Clinical Nutrition IRAII, CuSL.

« Belgian Alliance ONCA » 10/03/2016

Federal Nutrition Health Plan (2016-2020) to improve « liaison » between Hospital and Home

Creation of a Working Group for defining Quality Indicators in Medical Nutrition (2016)

Conclusions: a good collaboration between MoH and the Belgian PEN Societies has allowed implementing NST in most of the Belgian hospitals with a special focus for early nutritional screening (with annual audit). The 2016-2020 Federal Nutritional Health Plan has highlighted the importance of prolonging the « personalised » Nutritional Plan from hospital to home.