



JOINT POLICY SEMINAR 2021

Delivering optimal nutritional care for all throughout the cancer journey: what will it take?

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Date: Monday, 13 September 2021

Time: 11.45 – 13.00 CEST

Where: [ESPEN Virtual Congress 2021](#)

Background

- With over 2.7million new cancer cases diagnosed each year in Europe, how can we ensure access to early nutritional care for all, rather than the lucky few?
- Malnutrition remains the single most common complication in cancer, yet many gaps and barriers remain that cause patients to suffer avoidable complications and poorer than anticipated outcomes.
- ESPEN has already produced practical clinical guidelines on how to deliver nutritional care, but what more is needed to make it happen in practice?

How can the nutrition community coordinate its efforts to advance nutritional care as a standard component of high-quality cancer care?

This Joint Policy Seminar will review the latest evidence regarding:

- The impact of nutritional issues in cancer
- The barriers that patients face in accessing nutritional care across Europe
- What must now be done at European and country level to implement a fully integrated model of nutritional care in cancer, from diagnosis through the disease trajectory.

In our round table discussion, our panel of international experts will be invited to give their insights and recommendations regarding the changes in policy and everyday practice needed to ensure that patients with cancer get the appropriate nutritional care.

A key moment will be the launch of a 'Joint Call to Action' that policy makers, clinical oncology leaders and care providers must take if a practical model for integrated nutrition care in cancer is to be realised. The session will conclude with the announcement of the 2021 MNI Grant winner.

PROGRAMME

Welcome & Introduction

- **Rocco Barazzoni**, Executive Committee Chair, European Society for Clinical Nutrition and Metabolism (ESPEN)
- **Ken Mastris**, President, European Cancer Patient Coalition (ECPC)

Where are we now? Does policy and practice reflect the latest evidence?

The future of cancer care: why nutrition is a game changer

- **Alessandro Laviano**, Director Life Long Learning programme, European Society for Clinical Nutrition and Metabolism (ESPEN)

Influencing the national cancer programme: what does it take?

- **Matti Aapro**, President, European Cancer Organisation (ECO)

The expert perspective: What will it take to deliver optimal nutritional care in cancer?

- Moderator: Niamh Rice, CEO, Previs Consulting

Panel:

- **Nicole Erickson**, Expert Advisory Board, European Federation of the Associations of Dietitians (EFAD)
- **Ken Mastris**, President, European Cancer Patient Coalition (ECPC)
- **Alessandro Laviano**, Director Life Long Learning programme, European Society for Clinical Nutrition and Metabolism (ESPEN)
- **Matti Aapro**, President, European Cancer Organisation (ECO)

Joint Call to Action: launch of 7 recommendations

- **Joost Wesseling**, Executive Director, European Nutrition for Health Alliance (ENHA)

2021 MNI Grant Award

- **Manuela Schaflechner**, President, Medical Nutrition International Industry (MNI)
- Representative of 2021 MNI Grant winning project

Closing remarks

- **Rocco Barazzoni**, Executive Committee Chair, European Society for Clinical Nutrition and Metabolism (ESPEN)
- **Ken Mastris**, President, European Cancer Patient Coalition (ECPC)